Presentator’s Name: Madhu Kumar Marasini
Position: Joint Secretary, National Planning Commission, Government of Nepal
OUTLINE

• Background
• National Nutrition Targets
• Nepal’s Current Status against Global Targets
• National MSNF
• Nutrition Program from critical sectors
  • Health
  • Agriculture
  • WASH
  • Education
  • MoFALD
• Challenges and Way Forward
BACKGROUND

• High Levels of malnutrition:
  • 37% stunting, 30% underweight, 11% wasting among children under 5 years of age
  • High levels of anemia among women and children
  • increasing rates of overweight among women of reproductive age as well as children

• Commitment from government, and development partners towards addressing malnutrition, LDC Graduation

• Multisector Nutrition Plan (2013-2017), instrumental to increase resources/projects/programs for Nutrition through both specific as well as sensitive sectors
## NEPAL’S CURRENT STATUS VS WHA GLOBAL NUTRITION TARGETS

The national nutrition targets in line with WHA nutrition targets are **NOT** yet set

<table>
<thead>
<tr>
<th>WHA 2025 Global Targets</th>
<th>Status (Base year 2011)</th>
<th>WHA Target for Nepal’s (Not Yet Adopted)</th>
<th>MSNP National Nutrition Targets (2017)</th>
<th>Nepal’s Status as of 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>40% reduction in the number of children under-5 who are stunted</td>
<td>41%</td>
<td>25%</td>
<td>&lt;29%</td>
<td>37%</td>
</tr>
<tr>
<td>50% reduction of anemia in women</td>
<td>35%</td>
<td>18%</td>
<td>to reduce (%NA)</td>
<td>35%</td>
</tr>
<tr>
<td>30% reduction in low birth weight</td>
<td>12%</td>
<td>8%</td>
<td>to reduce (%NA)</td>
<td>24%</td>
</tr>
<tr>
<td>Ensure that there is no increase in childhood overweight</td>
<td>1.40%</td>
<td>&lt;1.4%</td>
<td>NA</td>
<td>2%</td>
</tr>
<tr>
<td>Increase the rate of exclusive breastfeeding</td>
<td>70%</td>
<td>&gt;50%</td>
<td>&gt; 80% by 2020</td>
<td>57%</td>
</tr>
<tr>
<td>Reduce and maintain childhood wasting to &lt;5%</td>
<td>11%</td>
<td>5%</td>
<td>&lt;5</td>
<td>11%</td>
</tr>
</tbody>
</table>
NATIONAL MULTI-SECTOR NUTRITION FRAMEWORK

Ministry of Health and Population
Maternal and Young Child micronutrient and feeding, SAM, Diarrhoea Treatment

Ministry of Urban Development
Sanitation facilities, hand wash, treated drinking water

Ministry of Women & Children
Nutrition Awareness, Women empowerment, Mobilization of Women Group, Saving Credit Groups for Nutrition, Participation in Local Level Planning

Ministry of Agriculture Development
Availability of animal foods, income generation, consumption of animal source foods and Reduced workload of women

National Planning Commission
Multi-sector resources, Nutritional information management, Nutrition capacity Enhancing

The intergenerational transmission of growth failure: When to intervene in the life cycle

- Child growth failure/ death
- Low Birthweight baby
- Early pregnancy
- Low weight & height in teenagers
- Small adult woman
- Small adult man

Ministry of Education
Nutrition in formal/informal curriculums, Improved awareness, Life-skills and improved meals to Adolescent, increased school completion rates for girls, parenting education

Ministry of Federal Affairs and Local Development
Prioritizing nutrition in annual and periodic plans, Linking social protection and nutrition, Improved coordination and resource mobilization for nutrition
## Nation-wide

1. **Growth Monitoring, Promotion and Counseling**
2. **Prevention and control of Iron Deficiency Anemia (IDA):** Iron distribution to pregnant and lactating mothers and adolescents
3. **Prevention, Control and Treatment of Vitamin A deficiency (VAD):** Vit A distribution to U5 yrs children, postpartum mothers, and for treatment
4. **Prevention of Iodine Deficiency Disorders (IDD):** Iodized salt promotion, social marketing
5. **Control of Parasitic Infestation by deworming:** Albendazole distribution to U5 yrs children, postpartum mothers, and for treatment
6. **Flour fortification via large roller mills - via 18 roller mills on nationwide**

## At scale up

1. **Infant and Young Child Feeding (IYCF): 60 Districts**
   - GoN-UNICEF: Integrated IYCF and Baal-vita Community Promotion Program (IYCF-MNP): 15 districts
   - GoN-UNICEF: IYCF integrated with Child Cash Grant (5 districts of Karnali)
   - SUAAHARA: Essential Nutrition/Hygiene Actions (41 districts)
   - GoN-FAO: Agriculture & Food Security Project: 19 districts
   - Save the Children: 5 districts
2. **Integrated Management of Acute Malnutrition (IMAM): 11 districts**
3. **School Health and Nutrition Program:** 54 districts
4. **Vitamin A Supplementation to address the low coverage in 6-11 months children:** 18 districts
5. **Activities via Multi-sectoral Nutrition Plan (MSNP): 16 Districts**

## At small scale

1. **Maternal and Child Health Nutrition (MCHN) Program–6 districts**
HEALTH SECTOR SHIFTING FROM IYCF TO MIYCN: FOR IMPROVING MIYCN SITUATION

Ministry of Health has developed the
• Infant and Young Child Strategy 2014,
• Maternal Nutrition Strategy 2013
• Joint MIYCN Action Plan 2015 to include maternal components

• The Multi-sector Communication and Advocacy Strategy
• MIYCN Communication Action Plan are endorsed and
• Golden 1000 Day Campaign on Nutrition will soon be launched
STRATEGIES TO IMPROVE MIYCN

Community/Family  Clinical Services  Outreach Strategy

Continuum of Care
THE MULTI-SECTOR APPROACH TO IMPROVE MIYCN

Multi-sector Nutrition Coordination Platforms

Advocacy, Communication & Social Mobilization

Research, Monitoring & Evaluation

Capacity Building & Community-based Interventions
ON-GOING EFFORTS IN THE AGRICULTURE SECTOR

- Agricultural Development Strategy (ADS) Launched
- Food and Nutrition Security Plan (2015-2022) as a part of ADS
- Zero Hunger Challenge 2014
ON-GOING EFFORTS IN THE WASH SECTOR

- Hygiene and Sanitation Master Plan 2012-2021: All Districts
- National Hand Washing Program 2012-2017 in all districts
- Open Defecation Free Declaration by 2017 in all districts (28 districts ODF till 2015)
- School Led/Community Led Total Sanitation/School WASH in all districts
- Safe Drinking Water Programs
- Sanitation Marketing
- WASH in emergency

ON-GOING EFFORTS IN THE EDUCATION SECTOR

- School Health and Nutrition Program (in all districts; currently 54)
- Mid Day Meal Program
- School Deworming
- Parenting Education with nutrition contents
- Nutrition in Formal and Non Formal Education
- Life skills to Adolescent Girls
ON-GOING EFFORTS IN THE MINISTRY OF FEDERAL AFFAIRS AND LOCAL DEVELOPMENT

1. **Golden 1000 days Project (5 yrs) (42 Million US$)**
   - Funded by World Bank, Implemented by Ministry of Federal Affairs and Local Development
   - Intervention-1\textsuperscript{st} 1000 days of life----pregnancy + 2 years of child’s life
   - Duration- 5 years, Target- 15 districts by 2017

2. **Child Cash Grant in Karnali: NRs 200/Child for up to two children in 5 Karnali districts and for all Dalit children nationwide**

3. **Child Friendly Local Governance (nationwide)**

4. **Block Grant at VDCs for Nutrition and Agriculture (nationwide)**
OTHER ON-GOING EFFORTS

1. Feed The Future- KISAN (25 Million US$)
Targeting 160K farmer households (1m people), Improved Agricultural Productivity; Improved Nutrition & Hygiene Education & Service Delivery; Entrepreneurial, Literacy & Numeracy (local); and Monitoring & Evaluation. (Funded by USAID)

2. Suaahara (Integrated Nutrition Package) (46+ Million USD)
Integrated nutrition initiative, working in 20 most vulnerable districts; funded by USAID/Nepal for the period of Aug 2011- Sept 2016.

3. Food for Peace (72 Million US$) (SABAL and PAHAL)
In 19 districts, USAID funded, nutrition and agriculture and livelihood support started in 2015.

4. EU-UNICEF-GoN MSNP Support (Poshan ka lagi Hatemalo) (28 Million Euro)
To scale up MSNP in at least 28 districts with all sets of interventions so as to fulfil the gaps of interventions in all key nutrition specific and sensitive sectors for 4 years 2016-2019.

UPCOMING

1. Suaahara II (Integrated Nutrition Package) (71+ Million USD)
Integrated nutrition initiative, working in 40 districts; funded by USAID/Nepal for the period of Aug 2016- Sept 2020.
Challenges and Way Forward for MSNP

Challenges:
1. Coordination among ministries and development partners while planning, implementation, effective coverage (package of interventions, VDCs and districts)
2. Mainstreaming of MSNP plans/activities in the annual, periodic plans of the VDCs, districts as well as line ministries and development partners
3. Limited Capacity on Nutrition among sectors at central and local levels

Way Forward:
1. Integrate Nutrition in the annual and periodic plan of VDCs, Districts and Line Ministries as well as in relevant sector policies
2. Effective implementation of MSNP M& E and effective monitoring
3. Capacity Development for each sector in Nutrition
4. Scale up of the complete package of MSNP
Mom... Nothing could be better than you

THANK YOU